HUMANE SOCIETY
INTERNATIONAL

What You Can Do to Help Oceans and Ocean Animals

- **Don't trash the ocean**. You probably wouldn't dream of dumping your garbage into the ocean, but did you know that over-fertilizing your lawn could be a problem? Run-off from yards and farms can pollute the ocean and other waterways. In fact, anything you put into your sewer system can be harmful. Plastic bags, bottles, can rings, and even plastic and Mylar balloons can end up in the sea, and animals can die from ingesting them. Dispose of all your trash and recyclables responsibly.
- **Leave Nemo**. Nearly all the fish and other animals sold for salt-water aquaria are captured from the ocean. Not only can these animals suffer and die during capture and transport, but removing them can destroy coral reefs and damage entire ecosystems. Fresh-water fish are bred in captivity.
- **Flip for Flipper**. Who doesn't love dolphins? But before you visit a captive dolphin (or whale) show, or a swim-with-the-dolphin facility, think about what a life in captivity means for these sensitive, intelligent animals who, in the wild, travel for miles every day. Go on a whale watch trip instead.
- **Don't buy wild**. The trade in wildlife and wildlife parts—from sea turtle shells to seal fur—causes the suffering or death of millions of animals.
- **All the fish in the sea**. With the increasing demand for fish and fish products in our diets, many species are being depleted at an alarming rate. If you do eat fish, consider the source and the type before you buy.
- **Here's an app for that**. As part of the effort to get the Canadian government to stop killing baby seals, HSI and The HSUS have enlisted chefs, restaurants and other seafood providers in a boycott of Canadian seafood. If you live in the U.S., get the Protect Seals app for your iPhone to find participating stores and restaurants where you live or travel.
- **Check out hsi.org/buffaloexchange** for information on important campaigns affecting ocean animals, including actions you can take to help.